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## INGREDIENTS

Whey Isolates, Alpha EFX Colostrum, salt. No additives or artificial anything Registered Cold Process MASS PRO Ultimate Whey Protein Concentrate,

### DIRECTIONS

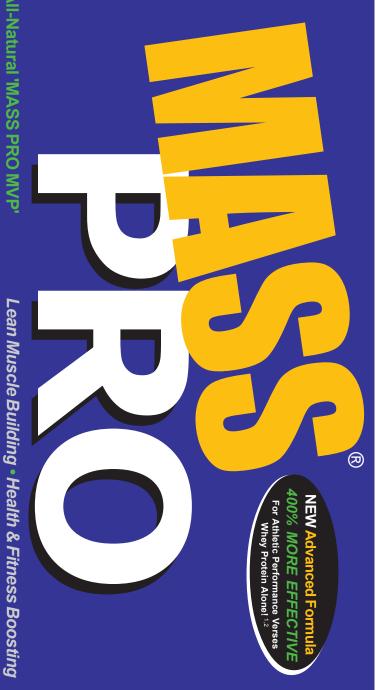
good to go. Blend with fruit and ice cubes for a delicious, healthy shake! Add 1-2 scoops to taste in 4-10 ounces of milk, water or juice. Just a few turns of the spoon or shakes in a shaker bottle and WASS PRO is

anytime you want to add the best muscle, fitness and health boosting favorite pancake, muffin or cookie recipe for a big protein boost! protein to your diet. Tip: Spoon into oatmeal, yogurt, etc. Add to your WHEN: Always after exercise and 1-3 times daily between meals or

## Since 1993, The TRUSTED SOURCE Get the Real Results you want



1.800.ASK.MASS/www.MuscleMASS.com



- All-Natural 'MASS PRO MVP'
- Low Fat Low Carb Lactose Free
- No Aspartame, Sucralose or added sugar
- Maximum BCAA, Taurine & Glutamine Peptides
- ALPHA EFX<sup>™</sup> Colostrum Enhanced Instant Mixing
- 2.12 lbs (960g)

JItimate WHEY PROTEIN

**NUTRITION FACTS** Servings Per Container: 32 Serving Size: 30g (1 scoop)

Calories 120 Calories from fat 15 Amount Per Serving (in water)

or lower depending on calorie needs. Allergen Statement: Contains Milk

Percent daily values based on a 2000 calorie diet. Your daily values may be higher

Only 2g Carbs & 24g Protein per scoop!

bes, JS et al. Dose effects of cral bovine colostrum supplem h physical work capacity in cyclists. Jine & Science in Sports & Exercise (34, 7:1184-88, 2002)

It your health professional before starting a new exercise and on program. Statements not evaluated by the FDA. This product ntended to diagnose, treat cure or prevent any disease.

health boosting effects

# ASS PRO

Precision Engineered Protein The most undenatured biologically active protein you

- Highest concentration of all ten constant state nitrogen and can buy - at any price immune system support **Essential Amino Acids for**
- Highest Branched Chain catabolism and speed muscle tissue growth & repair Amino Acid levels to prevent
- Highest concentrations of volume and immune function Glutamine & Taurine Peptides for peak protein synthesis, cell
- ALPHA EFX Colostrum muscle building, fat loss and Enhanced for maximum

there's only ONE genuine Make no mistake,